

# Multi-Task Learning for Depression Detection in Dialogs

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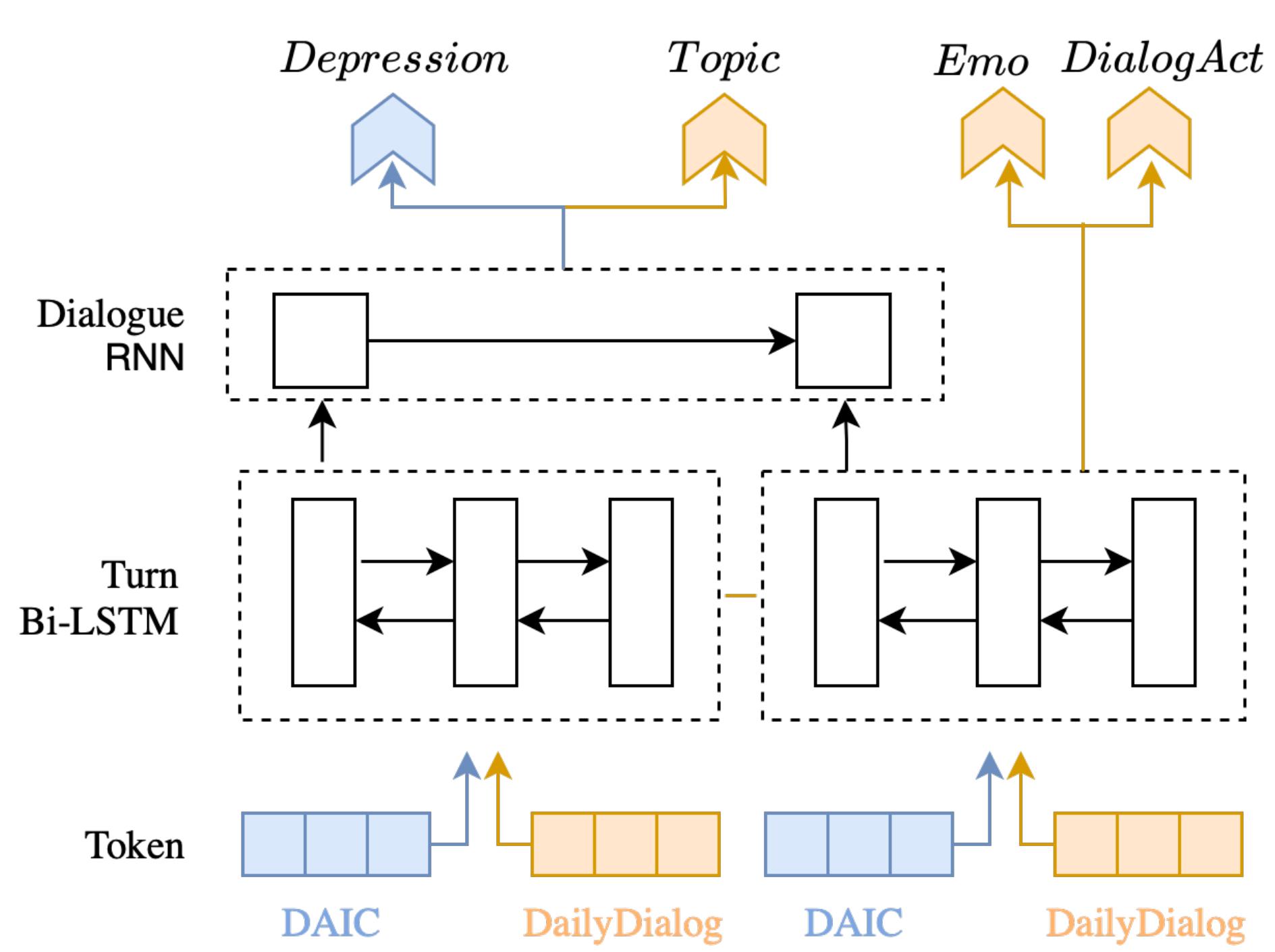
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## Introduction

- Depression is a serious mental illness that impacts the way people communicate, through **emotions**, the way they interact with others, *etc.*
  - Affects  $\approx 5\%$  of adults worldwide
  - Hard to diagnose, with about half the cases not detected
- Automated detection of depression mostly focused on social media data and online forums [2, 1]
- Objectives: depression detection within dialog transcriptions – a more realistic scenario less studied due to **data sparsity**
  - Multi-task learning with hierarchical structure (emotion + shallow dialog structures)

## Model



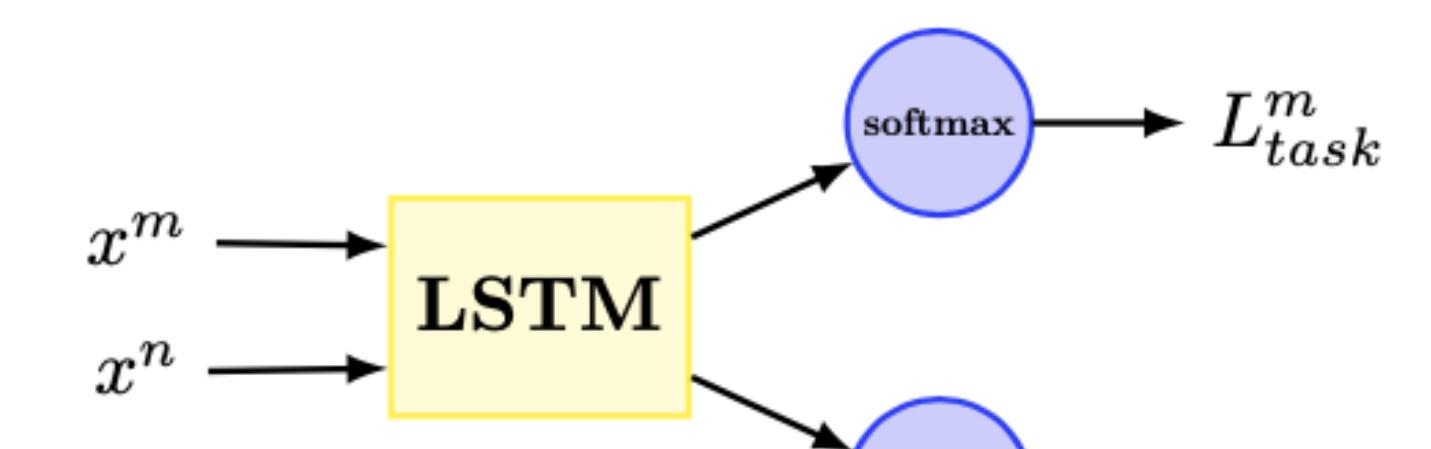
## Corpus

- DAIC-WOZ** [3], 189 sessions, two-party interviews between participants and virtual interviewer Ellie
- DailyDialog** [4], 13,118 two-party written dialogs, multi-level annotation: dialog act, emotion, topics

## Architecture & Tasks

### 1. Multi-task Learning (MTL)

- Shared representations benefit related tasks
- Tackles data sparsity issue, reduces risk of overfitting
- Fully-shared schema (i.e., hard-parameter): simpler than shared-private but effective
- Hierarchical structure: *turn* and *dialog* levels



### 2. Main Task & Auxiliary Tasks

- Main: Depression Detection @DAIC-WOZ, depressive note PHQ-9 (positive class:  $\geq 10$ )
- Auxiliary @DailyDialog
  - Speech-turn* level: Emotion Classification ( $N = 7$ ), Dialog Act Classification ( $N = 4$ )
  - Dialog* level: Topic Classification ( $N = 10$ )

### 3. Implementation with AllenNLP library

- Turn Bi-LSTM*: 1 hidden layer, 128 output neurons
- Dialog RNN*: tune layer {1, 2, 3}, hidden size {128, 256, 512}
- Optimized on macro-F1;  $L = \sum loss_{task_i}$ ;  $lr = 1e-3$ ; epoch=100 + early stopping

## Results & Analysis

	F <sub>1</sub>	Prec.	Rec.	Acc.
BSL Majority vote	41.3	35.1	50.0	70.2
<i>State-of-the-art</i>				
NHN (baseline) [5]	45	-	50	-
HCAN [5]	63	-	66	-
HAN+L [6]	70	-	70	-
<i>Ours</i>				
STL Depression	43.9	44.5	47.5	63.8
MTL +Emo	55.5	56.2	61.6	70.2
MTL +Top	55.6	55.9	56.8	59.6
MTL +Diag	60.8	60.6	61.4	66.0
MTL +Emo+Diag+Top	<b>70.6*</b>	<b>70.1</b>	<b>71.5*</b>	<b>74.5</b>

⇒ Indiv task helps: emo (+11.6%), top (+11.7%), diag (+16.9%)

⇒ Combination of all tasks: best +26.7% comp. to STL

		F <sub>1</sub>	Prec.	Rec.	Acc.
MTL	+Emo+Diag+Top	<b>70.6</b>	70.1	<b>71.5</b>	74.5
MTL	+Emo+Top	64.4	64.4	64.4	70.2
MTL	+Diag+Top	63.7	<b>78.1</b>	62.8	<b>76.6</b>

### Ablation study

- Remove emo/diag ( $\approx 6\%$ ) at *turn* level, keep top at *diag* level
- ⇒ Effectiveness of hierarchical structure

### Auxiliary tasks performance

- topic and diag worse than STL, since optimized on depression task
- emo better in MTL ⇒ mutual benefits with depression

## Conclusion & Future Work

- Correlation b/t depression and emotion
- Relevance of features linked to dialog structure – dialog acts and topics
- Extensions**
  - more refined dialog structure
  - exploration of depression severity via cascading structure
  - generalization to other mental health disorders

## References

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